

CARITAS LUNCH INFORMATION DECEMBER 2018

34 bag lunches

Each bag should include:

- Two meat sandwiches (i.e. turkey, cheese) or pieces of fried chicken
- It works well to bag any fixings separate, such as tomato slices and lettuce and do not add a condiment. This will prevent soggy sandwiches. (Condiments provided by SBC.)
- A piece of fruit (soft is better – grapes, orange, banana, applesauce or fruit cup with spoon)
- A bag of salty item (chips, pretzels etc.)
- Include a printout of a favorite scripture highlighting God's love and truth that will put a smile on their face!
- Drink (water or fruit juice)

Larger lunch bags are provided by SBC and will be in SHK. Please put your items in these lunch bags. Condiment packets will also be provided in SHK and may be added to the bag.

Cookies will be provided by other volunteers and added to your lunches by the overnight hostess.

Deliver lunches to the Spence Hall Kitchen no later than 5:00 p.m. your scheduled day. (*The lunches will be sent with the guests the next morning as they leave.*) Please have all items clearly marked with your group name and your assigned day. Place all to-be-kept-cool items in the refrigerators or add ice and put them in the coolers marked "lunches".

Please record your individual or group volunteer time in the CARITAS logbook also located in the kitchen. Estimate how much time you spent in providing or preparing your meal items. This is very important to log for CARITAS because they are required to provide this information in their applications for grant money.

If you have questions, please contact:

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For I was hungry and you gave me something to eat, I was thirsty and you gave me something to drink, I was a stranger and you invited me in.... Matthew 25: 35 (NIV)